2026 Digital Toolkit

Oct. 4-10, 2026

About Vaginal Health Week

Founded in 2021 by Weaving Voices for Health & Justice (formerly Women's Voices for the Earth), , Vaginal Health Week is a week of education and action dedicated to breaking stigma, shining a light on an often-overlooked topic, and advocating for the rights of people with vaginas and those who care about them.

Over the years, Vaginal Health Week has highlighted gaps in menstrual and intimate care and calls for collective action to improve the practices, policies, and standards that shape vaginal health.

2026 Theme: Vaginal Health Is Political

This year's theme, **Vaginal Health Is Political**, explores the connection between vaginal health, civic engagement, and the decisions made by policymakers and elected leaders.

Throughout the week, we'll highlight the power of our voices, our votes, and our collective action to advocate for change and put vaginal health on the civic agenda.

Download and Share Vaginal Health Week Graphics

Help spread the word about Vaginal Health Week! Download our shareable graphics to use across your social media channels, newsletters, websites, and other digital platforms.

You can pair the graphics with the sample copy below or create your own message about why vaginal health matters to you and your community.

Download Shareable Graphics: bit.ly/vhw26graphics

Below are our original posts across platforms announcing the launch of Vaginal Health Week 2026 We'd love your support — feel free to like, comment, and repost to help spread the word!

Sample Social Media Copy

Help us spread the word about Vaginal Health Week! Copy, customize, and share the sample posts below with your community.

Sample Post 1: Vaginal Health Week

It's Vaginal Health Week!

From Oct. 4-10, join Weaving Voices for Health & Justice for Vaginal Health Week 2026: **Vaginal Health Is Political**.

This year, Weave is connecting the dots between vaginal health, civic engagement, and the decisions made by policymakers and elected leaders. Join us throughout the week as we use our voices, our votes, and our collective action to put vaginal health on the civic agenda.

Learn more and get involved: https://bit.ly/weavevhw26

#VaginalHealthWeek #VaginalHealthIsPolitical

Sample Post 2: Vaginal Health Is Political

Vaginal health is political. The decisions made by policymakers and elected leaders can affect the products we use, the information we have access to, and the policies that shape menstrual and vaginal health.

This Vaginal Health Week, join Weaving Voices for Health & Justice as they explore the power of civic engagement and collective action to advocate for change.

Learn more: https://bit.ly/weavevhw26

#VaginalHealthWeek #VaginalHealthIsPolitical

Sample Post 3: Take Action

Your voice, your vote, your vagina!

During Vaginal Health Week, Weaving Voices for Health & Justice is sharing tools and opportunities to help people turn awareness into action, from engaging policymakers and influencing legislation to using art and storytelling to imagine vaginal liberation.

Explore Vaginal Health Week and find ways to participate: https://bit.ly/weavevhw26

#VaginalHealthWeek #VaginalHealthIsPolitical

Sample Post 4: Webinar

What do science, advocacy, policy, and vaginal health have in common? More than you might think.

Join Weaving Voices for Health & Justice on Thursday, Oct. 8, at 10 a.m. PT / 1 p.m. ET for **Vaginal Health Is Political: Building Power, Creating Change**.

Together with champions for vaginal health equity, Weave will explore why vaginal health is a policy issue, highlight progress toward safer products and greater transparency, and share tools and resources to help people take action.

Register: https://bit.ly/vhw26webinar

#VaginalHealthWeek #VaginalHealthIsPolitical

Sample Newsletter and Eblast Copy

Option 1: General Vaginal Health Week Promotion

Vaginal Health Week 2026: Vaginal Health Is Political

Join Weaving Voices for Health & Justice for Vaginal Health Week, Oct. 4-10!

This year's theme, **Vaginal Health Is Political**, highlights the connection between vaginal health, civic engagement, and the decisions made by policymakers and elected leaders.

Throughout the week, Weave is sharing resources and opportunities to help people learn, engage, and take action.

- Join the virtual **Vaginal Health Is Political: Building Power, Creating Change** conversation on Thursday, Oct. 8, at 10 a.m. PT / 1 p.m. ET.
- Check out our **Vaginal Health Civic Engagement Toolkit** to learn how to engage with candidates, and policy makers. Share what vaginal liberation means to you through the **Free the V: The Art of Vaginal Liberation** project.

Learn More and Get Involved:
https://bit.ly/weavevhw26

Option 2: Short Newsletter Blurb

Join Vaginal Health Week 2026

Vaginal health is personal, and it is political.

From Oct. 4-10, join Weaving Voices for Health & Justice for **Vaginal Health Week 2026: Vaginal Health Is Political** as they explore how civic engagement, policy, and collective action can shape vaginal and menstrual health.

Throughout the week, find opportunities to engage with candidates, policymakers, explore advocacy resources with their **Vaginal Health Civic Engagement Toolkit,** participate in Weave's artivism project, "**Free the V: The Art of Vaginal Liberation**," and join their virtual webinar: **Vaginal Health Is Political: Building Power, Creating Change, Thursday, October 8.**

Learn More:
https://bit.ly/weavevhw26

Connect with Weave

Help amplify Vaginal Health Week by following Weave, sharing our content, and tagging us in your posts.

Website:
https://weavingvoices.org/

Vaginal Health Week:
https://bit.ly/weavevhw26

Instagram: @WomensVoices

Facebook: @WeavingVoices

Bluesky: @womensvoiceswve.bsky.social

LinkedIn: Women's Voices for the Earth

YouTube: @WomensVoices

Hashtags:
#VaginalHealthWeek26
#VaginalHealthIsPolitical

Fuel the Movement

Vaginal Health Week is part of Weave's year-round work to advance menstrual and vaginal health through science, advocacy, organizing, and education.

Your support helps us conduct research, develop resources, advocate for stronger policies, challenge harmful practices, and equip communities with tools to take action.

Donate Today:
https://weavingvoices.org/donate/